

Expansion of a Family Planning Community Advisory Board

Brittany Rattiliff, MPH

Anna Fiastro, MPH, MEM

Molly Ruben, MPH

Elizabeth Jacob-Files, MA, MPH

Emily Godfrey MD, MPH

BACKGROUND

- Record numbers of legislative restrictions on comprehensive family planning, including pregnancy termination have been enacted
- Limited access to care disproportionately impacts traditionally marginalized groups
- Health and social inequities are expected to worsen with the expansion of restrictive laws

OBJECTIVES

- To successfully recruit an additional 5 Community Advisory Board (CAB) members from underrepresented communities to join an existing CAB of 3
- To understand their perceptions of comprehensive family planning

METHODS

Recruitment of CAB members occurred with use of:

- Social media posts
- Personal and professional networking
- Consulting the UW Translational Health Sciences Community Engagement team

Listening sessions using the Research Justice Framework shaped CAB meeting discussions that followed recruitment.

Meeting 1: family planning in the US

Meeting 2: perspectives on family planning

Meeting 3: alternative terminology

Recruitment of persons from marginalized communities to discuss sensitive health topics *requires multiple methods* of outreach.



Due to extreme stigma around the topic of pregnancy termination, *bringing diverse people to the table is vital.*

What is the *Research Justice Framework*?

It recognizes 3 forms of knowing: experiential, cultural and spiritual, and mainstream. It is accomplished when marginalized groups are recognized as experts and hold all forms of knowledge.¹

The Hyde Amendment is a legislative provision barring the use of federal funds to pay for abortion, except to save the life of the woman, or if the pregnancy arises from incest or rape.

RESULTS

RECRUITMENT:

- Social media was the most powerful tool for recruitment
- 5 additional BIPOC members joined the 3 member CAB
 - 1 was Mexican-American
 - 1 was Black and born in Guyana
 - 1 was Hispanic born in Colombia
 - 3 were Black and born in America
 - 2 were white and born in America

CAB Race/Ethnicity (N=8)



LISTENING SESSIONS:

- Stigma was a common thread in conversations about abortion and abortion access

“Abortion is not really talked about unless its in the news. There is pushback in our own community...the problem is that people are not humanized.”

- Stigma about abortion exists both domestically and internationally

“I was born in Columbia and lived there until I was 10... Folks from Latin America are super-conservative. I felt shame around talking about my work at Planned Parenthood and posting about abortion access on social media.”

ACKNOWLEDGEMENTS

Community Advisory Board Members

References:
Jolivet, (2015). Research justice : methodologies for social change (Jolivet, Ed.). Policy Press.

This research was supported by a grant from SFPRF and UW Department of Family Medicine JEDI committee. The views and opinions expressed are those of the authors and do not necessarily represent the views and opinions of SFPRF or UW DFM.

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